

# Measurement chart

The chart below allows space to record dimensions for both the left and right sides of the body, which may be helpful when fitting an asymmetrical figure.

## Shoulders

Shoulder length/left: \_\_\_\_\_ right: \_\_\_\_\_

Shoulder-to-shoulder/front: \_\_\_\_\_

Shoulder-to-shoulder/back: \_\_\_\_\_

Back width: \_\_\_\_\_

Front shoulder slope/left: \_\_\_\_\_ right: \_\_\_\_\_

Back shoulder slope/left: \_\_\_\_\_ right: \_\_\_\_\_

Neck to waist/front: \_\_\_\_\_

Neck to waist/back: \_\_\_\_\_

## Arms

Arm length (over arm)/left: \_\_\_\_\_ right: \_\_\_\_\_

Biceps/upper arm circumference/left: \_\_\_\_\_ right: \_\_\_\_\_

Armhole depth/left: \_\_\_\_\_ right: \_\_\_\_\_

## Bust

Bust circumference: \_\_\_\_\_

Upper bust circumference: \_\_\_\_\_

Under bust circumference: \_\_\_\_\_

Chest width: \_\_\_\_\_

## Neck

Natural neckline: \_\_\_\_\_

Neck edge to bust point  
(bust depth)/left: \_\_\_\_\_ right: \_\_\_\_\_

Neck edge to waist/left: \_\_\_\_\_ right: \_\_\_\_\_

## Legs

Outer seam/left: \_\_\_\_\_ right: \_\_\_\_\_

Inseam: \_\_\_\_\_

Waist to floor/front: \_\_\_\_\_

Waist to floor/back: \_\_\_\_\_

## Crotch

Crotch length/total: \_\_\_\_\_

Crotch length/front: \_\_\_\_\_

Crotch length/back: \_\_\_\_\_

Crotch depth: \_\_\_\_\_

## Waist and hips

Waist circumference: \_\_\_\_\_

Abdomen: \_\_\_\_\_

Abdomen depth: \_\_\_\_\_

Hip circumference: \_\_\_\_\_

Hip depth: \_\_\_\_\_

Fullest part of hip: \_\_\_\_\_

Fullest hip depth: \_\_\_\_\_